

# Awkward Confidence

## EXPLORE

Explore the areas of your life that you want to grow in.

What does that look like for you?

Self-Development?

Self-Worth?

Manifestations?

## CREATE

Create a list of ways that you can dive deeper into the journey you seek. Get back to what makes you feel whole.

Make a list of things you enjoy. People. Places. Activities. Hobbies.

## EXPRESS

Express who you are and what you want out of this next season. Write it down and make it real!

List 5 goals that you have for this upcoming season in your life. Create a plan to execute!

(Remember don't prepare to procrastinate)

## TRANSITION

Transition in to who you are destined to be! Use the tools that we talked about during our breakout session apply them to become the best version of you!

Write 3 letters to yourself.  
Past. Present. Future

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CREATE

EXPRESS

TRANSITION